GANDHI INSTITUTE OF TECHNOLOGY AND MANAGEMENT (GITAM)

(Deemed to be University)

VISAKHAPATNAM * HYDERABAD * BENGALURU

Accredited by NAAC with A^{++} Grade

GITAM School of Humanities and Social Sciences

CURRICULUM AND SYLLABUS

2 Year Postgraduate Programme
PPSYC01: M.A. Applied Psychology

w.e.f. 2025-26 admitted batch

(Updated on July 2025)

Academic Regulations

**Applicable for the Postgraduate Programmes in the
Schools of Humanities & Social Sciences and Science
(except M.C.A)**

https://www.gitam.edu/academics/academic-regulations

GANDHI INSTITUTE OF TECHNOLOGY AND MANAGEMENT

Vision

GITAM will be an exceptional knowledge-driven institution advancing on a culture of honesty and compassion to make a difference to the world.

Mission

- Build a dynamic application-oriented education ecosystem immersed in holistic development.

- Nurture valuable futures with global perspectives for our students by helping them find their ikigai.

- Drive impactful integrated research programmes to generate new knowledge, guided by integrity, collaboration, and entrepreneurial spirit.

- Permeate a culture of kindness within GITAM, fostering passionate contributors.

Quality Policy

To achieve global standards and excellence in teaching, research, and consultancy by creating an environment in which the faculty and students share a passion for creating, sharing and applying knowledge to continuously improve the quality of education.

GITAM School of Humanities and Social Sciences

Vision

To become a global leader in liberal arts education with value orientation

Mission

- To impart education with socio-cultural values

- To nurture the ideas of equity, equality and democracy

- To inculcate the notions of human and economic development with a focus on sustainability and health

- To develop the concepts of peaceful co-existence among diverse peoples and species

- To inculcate respect for interdisciplinarity and trans-disciplinarity in education and at work

- To develop the ethic of thinking globally and acting locally

VISION AND MISSION OF THE DEPARTMENT

VISION

To become a global leader in psychology education with values

MISSION

To impart education of global standards with a focus on social relevance, values, and skills necessary for a successful life and career.

Quality Policy

To achieve global standards and excellence in teaching, research, and community engagement by creating an environment of academic freedom and openness and facilitating collaborative processes

PPSYC01: M.A. Applied Psychology
(w.e.f.2024-25 Admitted Batch)

Programme Educational Objectives (PEOs)

PEO 1: To analyse key concepts and theoretical approaches in several areas of psychological science and use scientific reasoning to evaluate psychological phenomena

PEO 2: To describe, compare, and analyze psychological theories, ideas, and research findings, and apply them to the core domains of psychology

PEO 3: To apply relevant sources of scientific knowledge to identify, frame, and generate novel solutions to psychological problems prevalent in society

PEO 4: To interpret, predict, and apply psychological principles to personal, social, and organizational issues

PEO 5: To be able to analyze the theories, principles, and concepts of inter-disciplinary areas as they relate to behaviors and well-being

PEO 6: To understand and apply research methods in psychology and execute basic and applied research designs to conduct psychological research

PEO Articulation

	PEO1	PEO2	PEO3	PEO4	PEO5	PEO6
M1	2	2	3	3	2	2
M2	2	2	3	3	2	2
M3	1	1	3	3	2	1
M4	1	1	2	2	2	1
M5	3	3	2	2	3	3
M6	2	2	3	3	2	2

3 - High Correlation, 2 - Medium Correlation, 1 - Low Correlation

PPSYC01: M.A. Applied Psychology

Programme Outcomes (POs) and Programme Specific Outcomes (PSOs)

At the end of the Programme the students would be able to demonstrate:

PO1:	The graduates should be able to demonstrate the acquisition of: • advanced knowledge about a specialized field of enquiry with a critical understanding of the emerging developments and issues relating to one or more fields of learning, • advanced knowledge and understanding of the research principles, methods, and techniques applicable to the chosen field(s) of learning or professional practice, • procedural knowledge required for performing and accomplishing complex, specialized, and professional tasks relating to teaching, research, and development.
PO2:	The graduates should be able to demonstrate the acquisition of: • advanced cognitive and technical skills required for performing and accomplishing complex tasks related to the chosen fields of learning. • advanced cognitive and technical skills required for evaluating research findings and designing and conducting relevant research that contributes to the generation of new knowledge. • specialized cognitive and technical skills relating to a body of knowledge and practice to analyse and synthesize complex information and problems.
PO3:	The graduates should be able to demonstrate the ability to: • apply the acquired advanced theoretical and/or technical knowledge about a specialized field of enquiry or professional practice and a range of cognitive and practical skills to identify and analyse problems and issues, including real-life problems, associated with the chosen fields of learning. • apply advanced knowledge relating to research methods to carry out research and investigations to formulate evidence-based solutions to complex and unpredictable problems.
PO4:	The graduates should be able to demonstrate the ability to: • listen carefully, read texts and research papers analytically and present complex information in a clear and concise manner to different groups/audiences • communicate, in a well-structured manner, technical information and explanations, and the findings/results of the research studies undertaken in the chosen field of study, • present in a concise manner view on the relevance and applications of the findings of recent research and evaluation studies in the context of emerging developments and issues. • meet one's own learning needs relating to the chosen fields of learning, work/vocation, and an area of professional practice, • pursue self-paced and self-directed learning to upgrade knowledge and skills, including

	research-related skills, required to pursue a higher level of education and research.
	• problematize, synthesize, and articulate issues and design research proposals,
	• define problems, formulate appropriate and relevant research questions, formulate hypotheses, test hypotheses using quantitative and qualitative data, establish hypotheses, make inferences based on the analysis and interpretation of data, and predict cause-and-effect relationships,
	• develop appropriate tools for data collection for research,
	• use appropriate statistical and other analytical tools and techniques for the analysis of data collected for research and evaluation studies,
	• plan, execute, and report the results of an investigation,
	• follow basic research ethics and skills in practicing/doing ethics in the field/ in one's own research work.
	• make judgements and take decisions regarding the adoption of approaches to solving problems, including real-life problems, based on the analysis and evaluation of information and empirical evidence collected.
	• make judgement across a range of functions requiring the exercise of full responsibility and accountability for personal and/or group actions to generate solutions to specific problems associated with the chosen fields/subfields of study, work, or professional practice.
PO5:	The graduates should be able to demonstrate the willingness and ability to:
	• embrace and practice constitutional, humanistic, ethical, and moral values in one's life,
	• adopt objective and unbiased actions in all aspects of work related to the chosen fields/subfields of study and professional practice,
	• participate in actions to address environmental protection and sustainable development issues,
	• support relevant ethical and moral issues by formulating and presenting coherent arguments,
	• follow ethical principles and practices in all aspects of research and
	• unethical practices such as fabrication, falsification or misrepresentation of data or committing plagiarism.
PO6:	The graduates should be able to demonstrate the acquisition of knowledge and skill sets required for:
	• adapting to the future of work and responding to the demands of the fast pace of technological developments and innovations that drive the shift in employers' demands for skills, particularly with respect to t h e transition towards more technology-assisted work involving the creation of new forms of work and rapidly changing work and production processes.
	• exercising full personal responsibility for the output of one's own work as well as for group/team outputs and for managing work that is complex and unpredictable, requiring new strategic approaches.

Curriculum Structure
(Flexible Credit System)

Minimum Credit Requirements to Award Degree Under Each Category

Duration & Name of the Programme				S.No	Course Category		Minimum Credit Requirement		
Programme	Eligibility	Programme	Eligibility				2 Year PG (2nd year-Course Work alone)	2 Year PG (2nd year - Course Work and Research)	2 Year PG (2nd year - Research alone)
2-year PG Degree (with exit option at the end of first year)	3-year UG Degree	1 year & PG Diploma	3-year UG Degree	1	Programme Core Courses	PC	28	28	28
				2	Programme Electives Courses & Labs	PE			
				3	Research Methodology	FC	4	4	4
				4	Seminar	FC	2	2	2
				5	Term Paper	FC	2	2	2
				6	Internship	FC	4	4	4
				Total (At the end of I Year)			40	40	40
		1 year & PG Degree	4-year UG Degree	7	Programme Core Courses	PC	40	20	0
				8	Programme Electives Courses	PE			
				9	Research Project	FC	0	20	0
				10	Research Dissertation	FC	0	0	40
				Total (At the end of II Year)			80	80	80

2 Year PG programme:

Semester I and II: Common Structure for Course Work, Course Work & Research and Research Alone

Course Code	Category	Level	Course Title	L	T	P	S	J	C
			Semester - I						
25PSYC6011	PC	600	Fundamentals of Psychology	4	0	0	0	0	4
25PSYC6001	PC	600	Applied Social Psychology	4	0	0	0	0	4
25PSYC6061	PC	600	Systems and Theories of Psychology	4	0	0	0	0	4
25PSYC6444	FC	600	Research Methodology	4	0	0	0	0	4
25PSYC6051	PC	600	Statistics in Psychology	4	0	0	0	0	4
			Total Credits						**20**
			Semester - II						
25PSYC6021	PC	600	Lifespan Development	4	0	0	0	0	4
25PSYC6031	PC	600	Psychological Experimentation	0	0	8	0	0	4
25PSYC6041	PC	600	Psychopathology	4	0	0	0	0	4
25PSYC6666	FC	600	Seminar	0	0	0	0	4	2
25PSYC6777	FC	600	Term Paper	0	0	0	0	4	2
25PSYC6333	FC	600	Internship	0	0	0	0	8	4
			Total Credits						**20**

2nd Year - Course Work alone:

Course Code	Category	Level	Course Title	L	T	P	S	J	C
			Semester - III						
25PSYC7161	PC	700	Psychological Assessment	4	0	0	0	0	4
25PSYC7081	PC	700	Counselling and Psychotherapy	4	0	0	0	0	4
25PSYC7031	PC	700	Biological Bases of Behaviour	4	0	0	0	0	4
Choose any one of the two courses									
25PSYC7101	PE	700	Cybernetics and Psychology	4	0	0	0	0	4
25PSYC7091	PE	700	Criminal Behavior	4	0	0	0	0	4
Choose any one of the two courses									
25PSYC7171	PE	700	Psychology in Indian Thought	4	0	0	0	0	4
25PSYC7151	PE	700	Positive Psychology	4	0	0	0	0	4
			Total Credits						**20**
			Semester - IV **(Choose any one basket of the following)**						
			CLINICAL PSYCHOLOGY BASKET						
25PSYC7061	PC	700	Cognitive Behaviour Therapy	4	0	0	0	0	4
25PSYC7041	PC	700	Clinical Psychology and Practice	4	0	0	0	0	4
25PSYC7111	PC	700	Exceptional Children	4	0	0	0	0	4
25PSYC7051	PC	700	Clinical Psychology Interventions	4	0	0	0	0	4
Choose any one of the two courses									
25PSYC7191	PE	700	Solution Focused Brief Therapy	4	0	0	0	0	4
25PSYC7011	PE	700	Animal Assisted Therapy in Counseling	4	0	0	0	0	4
			Total Credits						**20**

			HEALTH PSYCHOLOGY BASKET						
25PSYC7061	PC	700	Cognitive Behaviour Therapy	4	0	0	0	0	4
25PSYC7121	PC	700	Health Psychology	4	0	0	0	0	4
25PSYC7131	PC	700	Mental Health in General Hospitals	4	0	0	0	0	4
25PSYC7001	PC	700	Ageing and Health	4	0	0	0	0	4
Choose any one of the two courses									
25PSYC7191	PE	700	Solution Focused Brief Therapy	4	0	0	0	0	4
25PSYC7011	PE	700	Animal Assisted Therapy in Counseling	4	0	0	0	0	4
			Total Credits						**20**
			ORGANISATIONAL BEHAVIOR BASKET						
25PSYC7061	PC	700	Cognitive Behaviour Therapy	4	0	0	0	0	4
25PSYC7141	PC	700	Organizational Behaviour	4	0	0	0	0	4
25PSYC7021	PC	700	Applied Behavioral Economics	4	0	0	0	0	4
25PSYC7071	PC	700	Consumer Behaviour	4	0	0	0	0	4
25PSYC7181	PC	700	Psychology of Human Resource Management	4	0	0	0	0	4
			Total Credits						**20**

2nd Year - Course Work and Research:

Course Code	Category	Level	Course Title	L	T	P	S	J	C
			Semester - III						
25PSYC7161	PC	700	Psychological Assessment	4	0	0	0	0	4
25PSYC7081	PC	700	Counselling and Psychotherapy	4	0	0	0	0	4
25PSYC7031	PC	700	Biological Bases of Behaviour	4	0	0	0	0	4
Choose any one of the two courses									
25PSYC7101	PE	700	Cybernetics and Psychology	4	0	0	0	0	4
25PSYC7091	PE	700	Criminal Behavior	4	0	0	0	0	4
Choose any one of the two courses									
25PSYC7171	PE	700	Psychology in Indian Thought	4	0	0	0	0	4
25PSYC7151	PE	700	Positive Psychology	4	0	0	0	0	4
			Total Credits						**20**
			Semester - IV						
25PSYC7555	FC	700	Research Project	0	0	0	0	40	20
			Total Credits						**20**

2nd Year - Research alone:

Course Code	Category	Level	Course Title	L	T	P	S	J	C
			Semester - III						
25PSYC7888	FC	700	Research Dissertation - I	0	0	0	0	40	20
			Total Credits						**20**
			Semester – IV						
25PSYC7999	FC	700	Research Dissertation - II	0	0	0	0	40	20
			Total Credits						**20**

GITAM School of Humanities and Social Sciences

GITAM (Deemed to be University)

Visakhapatnam | Hyderabad | Bengaluru