

GITAM: GANDHI INSTITUTE OF TECHNOLOGY AND MANAGEMENT

(Deemed to be University u/s 3 of the UGC Act, 1956)

A Category – I Deemed to be University

Visakhapatnam | Hyderabad | Bengaluru

**The Policy for
Health, Well-being and Outreach activities**

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1 Introduction

Higher education plays a pivotal role in facilitating social transformation and enabling upward mobility for individuals and, by extension, their families, and communities. Recognizing its significance, the National Education Policy of 2020 (NEP-2020) squarely addresses this matter. To prioritize the holistic well-being of students, NEP-2020 mandates the establishment of support centres and the availability of career counsellors in all higher education institutions (HEIs).

The primary challenge lies in establishing institutionalized frameworks, procedures, and practices that comprehensively safeguard students from various forms of threats and distress. These threats encompass physical harm, social challenges, discrimination, cultural disparities, and linguistic barriers, all of which can contribute to psychological distress among students. Hence, GITAM Deemed to be University is committed to ensure complete protection for students, thereby fostering an environment conducive to their academic and personal growth.

NEP-2020 recognizes that merely providing access to higher education is not enough; it must also ensure that students can pursue their educational goals free from harm and discrimination. To achieve this, GITAM Deemed to be University create an environment where students can work and study without the burden of physical or emotional threats, thereby fostering a congenial and inclusive atmosphere for all.

2 Objectives

The primary aim is to guarantee that all students enrolled in GITAM have fair and equitable access to high-quality mental health services. This objective places a special emphasis on:

Promoting Physical Fitness and Sports Activities for Students: Encouraging students to engage in physical fitness activities and sports as part of their overall well-being.

Creating Safeguards Against Various Pressures: Implementing measures to mitigate academic pressure, peer pressure, behavioural issues, stress, and concerns related to career choices.

In line with these objectives, GITAM actively engages in a range of outreach initiatives to enhance health and well-being. These activities encompass:

Hygiene: GITAM is committed to promoting good hygiene practices among its students, ensuring their well-being and health.

Nutrition: Encouraging students to maintain a balanced and nutritious diet, fostering their physical and mental health.

Sports and Exercise: GITAM recognizes the significance of physical activity and exercise in maintaining overall well-being and encourages students to participate actively in sports and exercise programs.

Aging Well: Acknowledging the importance of aging gracefully and healthily, GITAM offers resources and guidance for students to prepare for their future.

Wellbeing: In addition to physical health, GITAM places a strong emphasis on overall well-being, ensuring that students have access to resources and support that enhance their quality of life.

3 Outreach Programmes by GITAM

Outreach Programmes by GITAM for promotion of health, & wellbeing including hygiene, nutrition, family planning, sports, exercise, aging well, and wellbeing:

3.1 Continuous ongoing activities

Department of Community Medicine:

Web link: <https://gimsr.gitam.edu/aboutdepartment/Community-medicine>

Student Club of GIMSR:

The student club conducts regular social service activities like visit to orphanages, old age homes etc. to do service to the underprivileged and needy people for their wellbeing.

Web link: <https://gimsr.gitam.edu/Facilities/Helping-Hands>

GIMSR NSS student Unit

NSS GIMSR UNIT XVII is the team which stands tall in understanding and serving the society as a responsibility and help those in need.

Web link: <https://gimsr.gitam.edu/Facilities/nss>

3.2 Special programmes during the year

3.2.1 EVENT 1: Health check-ups and consultations for pregnant and lactating women nutrition kits distribution to pregnant women at Jalarpet, Pedawaltair

Public Web link: <https://campusconnect.gitam.edu/september-2022/#>

As part of National Nutrition Week, 2022, Women Empowerment Cell, GITAM (Deemed to be University), Visakhapatnam, organised a Community Outreach Programme, at Jalarpet, Peda Waltair, Visakhapatnam.

Shri M. Sri Bharat, Honourable President of GITAM (Deemed to be University), presented Nutrition kits to 80 pregnant women from the underprivileged communities of Jalarpet. This was followed by free health check-ups and consultations for pregnant and lactating women by our GIMSR doctors from the Departments of Gynaecology and General Medicine.

Prof. Y. Gauthama Rao, Pro-Vice Chancellor, GITAM, Prof. D Gunasekaran, Registrar, GITAM, Dr.T.Radha and her colleagues from Department of Gynaecology, Dr. P. Manasa Lakshmi, Dietician and doctors from Department of Community medicine, GIMSR joined thehonourable President of GITAM in the noble cause.





3.2.2 EVENT 2: Comprehensive Cancer Screening for Women

Title of the Programme: “Comprehensive Cancer Screening for Women”

Venue: Department of Gynecology, GIMSR, Visakhapatnam

Brief Writeup: The Vice-Chancellor of GITAM (Deemed to be University) inaugurated the event at 9:00 am on 4th February 2021, jointly organised by GITAM Women Empowerment Cell and GIMSR. The other guests who attended the Inaugural were the Pro-Vice-Chancellor, GIMSR, Registrar, GITAM, and HoD, Gynaecology. The programme was a free screening for **women across Visakhapatnam city** including the GITAM Staff (Teaching and Non-Teaching) and their family members. The Screening included breast screening, UltraSound (Abdomen) and Pap Smear test. A number of women, both from within and outside GITAM, benefited through the programme.

a) **Organised by:** Women Empowerment Cell in Collaboration with GIMSR.

b) **Images of the Brochure/leaflet etc., Photographs of the programme**

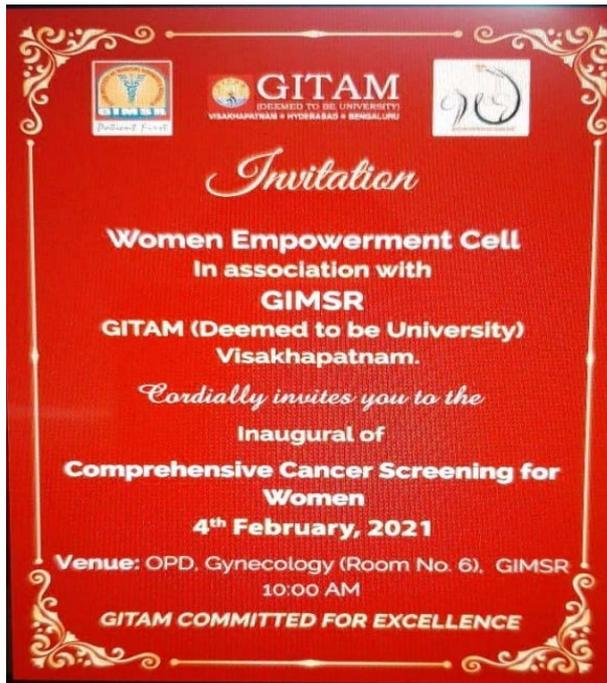


The brochure is a vertical poster with a purple top half and a yellow bottom half. It features logos for GIMSR (Deemed to be University), GITAM (Deemed to be University), and the Women Empowerment Cell. The text reads: "Comprehensive Cancer Screening for Women", "4th February, 2021", "Organized by Women Empowerment Cell In association with GIMSR GITAM (Deemed to be University) Visakhapatnam.", "Time : 9 AM to 12 Noon and 2 PM to 4 PM", "Venue : OPD, Gynecology (Room No. 6), GIMSR", and "Registration https://forms.gle/TcQp8HXEGTzuZTSs7 FREE FOR ALL". At the bottom, it says "GITAM COMMITTED FOR EXCELLENCE".



The banner is green and white. It features the GIMSR logo and the text: "COMPREHENSIVE CANCER SCREENING FOR WOMEN", "4th February, 2021", "Organized by Women Empowerment Cell In association with GIMSR GITAM (Deemed to be University) Visakhapatnam.", and "Registration https://forms.gle/TcQp8HXEGTzuZTSs7 FREE FOR ALL". There is an illustration of a woman at a computer screen.





India needs population based cancer registries

**DC CORRESPONDENT
VISA KHAPATNAM, FEB. 4**

Former director of Homi Bhabha Cancer Hospital and Research Centre and well known medical oncologist Dr Digumarti Raghunadha Rao said the country needs population-based cancer registries in for cancer control programme, data collection, analysis, interpretation and health policy implementation particularly to prepare national and regional cancer plans.

Participating a virtual cancer awareness programme, organised by Gitam Deemed to be University Biochemistry and Bioinformatics department on the occasion of World Cancer Day, he observed that PBCRs provide vital inputs for cancer control activities and there was a growing requirement

for the local planning and development of PBCRs. He informed that lung, prostate, colorectal, stomach and liver cancer are the most common types of cancer in men, while breast, colorectal, lung, cervical and thyroid cancer are among women in southern states. He suggested that public policy-makers concerted make effort to change the funding of cancer control for poor people need.

KIMS Icon Hospital Gynaecological Oncologist Dr Leela spoke about raising breast cancer cases among Indian women and said that around 87,000 deaths were occurring due to breast cancer out of 1,62,000 reported cases. Mahatma Gandhi Cancer Hospital and Research Institute oncologist Dr D. Jyothi briefed on cervical cancer.

Emphasis on PBCRs in country to control cancer

EXPRESS NEWS SERVICE

By Visakhapatnam

POPULATION-based cancer registries (PBCRs) are the key elements for cancer control programme for data collection, analysis, interpretation and health policy implementation particularly to prepare national and regional cancer plans. Homi Bhabha Cancer Hospital and Research Centre former director Dr D Raghunadha Rao said on Thursday.

He participated in a virtual cancer awareness programme organised by the Biochemistry and Bioinformatics depart-

ment of GITAM Deemed to be University on the eve of World Cancer Day.

Dr Rao observed that PBCRs provide vital inputs for cancer control activities and there is a growing requirement for the local planning and development of PBCRs.

He informed that lung, prostate, colorectal, stomach and liver cancer are the most common types of cancer in men, while breast, colorectal, lung,

cervical and thyroid cancer are common among women in southern states.

Dr Rao emphasised that efforts should be made by the policymakers to change the funding of cancer control for poor people is needed.

GITAM Deemed to be University Vice-Chancellor Prof K Sivaramakrishna said prevention offers long-term strategy for control of cancer. If cancer is diagnosed at an early stage,

it can be easier to treat.

Quoting statistics, KIMS ICON Hospital gynaecological oncologist Dr Leela briefed the audience about the rising breast cancer cases in women and said that around 87,000 deaths have occurred due to breast cancer out of 1, 62,000 reported cases.

Earlier, V-C Prof Sivaramakrishna inaugurated cancer screening camp free of cost for women organised by GITAM Women Empowerment cell.

GITAM Institute of nursing students conducted a cancer awareness rally in Rushikanda.



Lung, prostate, colorectal, stomach and liver cancer are the most common types of cancer in men, while breast, colorectal, lung, cervical and thyroid cancer are common among women of South India

Dr DR Rao, former director, Homi Bhabha Cancer Hospital and Research Centre

3.2.3 Event 3: International Webinar on “Stress & Coping: Strategies to De-Stress”

'Title of the Programme': International Webinar on “Stress & Coping: Strategies to De-Stress”

Venue: Zoom Webinar Platform

'Brief Writeup':

Women Empowerment Cell, GITAM Deemed to be University, Visakhapatnam, organised a virtual Workshop, “Stress & Coping: Strategies to De-Stress” for the faculty of Higher Education across the globe. The objective is to facilitate understanding of stress and help apply coping strategies at personal and professional level for holistic wellness. The awareness is not only to increase job productivity, but also for the general well-being of an individual.

The Workshop was inaugurated at 9:00 am on 12th June by the Honorable President of GITAM, Shri. M. Sri Bharat and Honourable Vice-Chancellor of GITAM, Prof. K. Siva Rama Krishna. Dr. Stephanie M Le Melle delivered her keynote address on ‘Women Empowerment: Stress & Coping’. Dr Stephanie explained many roles played by women majorly in three domains. A woman’s role in family - taking care of Children, Elders, Spouse, Home etc., and her role in Social, Political & Community; in Celebrations, friendships, Nurturing the Connections of Community have been elucidated. How effectively women are accomplishing the assigned duties and how effectively they are playing those roles have been described by the speaker. The need for self-care and wellness for women was emphasized. Dr. Sasidhar Gunturu began his keynote speech titled ‘Stress and Strategies to De-stress’ by defining what stress is in simple and understandable words. He explained a term pandemic brain fog which includes difficulty in planning, difficulty in getting things done, overtly worried about the future and procrastination. The speaker gave courage to the people by saying that Covid 19 is attacking most of the people. So, one need not worry that he/she is the only victim. He said that 76% of Americans say Covid is a significant stressor.

The 2 -day Workshop saw eminent Resource Persons across India who interacted with the participants and gave them useful tips on topics: Psychometric Assessment

of Stress and Coping, Teacher Stress & Well-Being, Effects of Stress on Physical Health, Managing Teacher Stress, Stress Management Through Yoga, Psychiatric Consequences of Stress & Stress Management Techniques, Power of Breath for Stress Management, and Understanding the Nature of Stress in Classrooms.

Organised by: Women Empowerment Cell, GITAM, Visakhapatnam

Images of the Brochure/leaflet etc., Photographs of the programme

JOIN THE INAUGURAL WEC WORKSHOP
ON THE MUCH-NEEDED TOPIC OF

STRESS & COPING:

Strategies to De-Stress

Women Empowerment Cell, GITAM (Deemed to be University), Visakhapatnam cordially invites you to the Inauguration of International Workshop on "Stress & Coping: Strategies to De-Stress". Learn the proven ways of dealing with and beating stress in the current situation, from an internationally acclaimed panel.

DATE & TIME: 12th June 2021. 9:00 AM onwards.
Platform: Zoom

Chief Guest
Shri. M Sri Bharat President, GITAM

Guest of Honour
Prof. K Siva Rama Krishna Vice-Chancellor, GITAM

Keynote Speakers
Dr. Stephanie M. Le Melle
MD, Director of Public Psychiatry Education
Associate Professor of Clinical Psychiatry
Columbia University Medical Center
State Psychiatric Institute, USA

Dr. Sasidhar Gunturu
MD, Director of Psychiatric Integrative Services
and Community Psychiatry,
Associate Director for Residency Training at
BronxCare Health System.
Columbia University, USA

Scan this QR Code
to register.




‘Covid is exposing women to greater health risks’

HANS NEWS SERVICE
VISAKHAPATNAM

COVID-19 is exposing women to greater health risks, threatening livelihoods, gender-based violence and forcing them and children into extreme poverty, particularly those living in the marginalised communities, observed Dr. Stephanie M Le Melle, Columbia University Medical Center Public Psychiatry Education Director and Clinical Psychiatry Associate Professor here on Saturday.

Delivering a keynote address at the global workshop on ‘Stress coping: strategies to de-stress’ organised by GITAM Deemed to be University’s women empowerment cell, she mentioned 10 per cent of working women

● 54 per cent of women lost their jobs during the pandemic globally according to recent studies, points out Dr. Stephanie M Le Melle of Columbia University

missed work weekly to meet childcare needs.

Referring to the recent studies, she said 54 per cent of women lost their jobs during the pandemic globally.

Addressing the participants, GITAM president M Sriharath said Covid-19 pandemic caused tremendous psychological pressure on students and the academic community as they face a unique set of challenges and lack awareness on how to deal with the same. Further, he said the institu-

tion was considering all precautions to handle the stress through various platforms.

The institution’s Vice-Chancellor K Sivaramakrishna said health was not only influenced by the physical body but the spiritual, mental and social relations should be accorded equal priority. Columbia University Psychiatric Integrative Services Director Dr. Sasidhar Gunturu and Tata Institute of Social Sciences (TISS) Center for Excellence in Teacher Education Associate Professor Gomathi Jatin shared insights about the subject.

The institution’s School of Gandhian Studies director Dr Nalini Bikkina said maintain levels of stress needed to face challenges in life and for professional growth.



In summary, GITAM is dedicated to ensuring that students not only have access to quality mental health services but also benefit from a holistic approach to well-being, encompassing physical fitness, academic support, and various health-related outreach activities.

Covid-19 exposing women to greater health risks



by Team - Hello Vizag
4 months ago



Covid-19 is exposing women to greater **health** risks, threatening livelihoods, exacerbating gender-based violence and forcing women and **children** into extreme poverty particularly those living in the most marginalized communities, said by Columbia University Medical Center Public Psychiatry Education Director and Clinical Psychiatry Associate Professor Dr Stephanie M

Experts stress on alleviating anxiety through meditation

VISA KHAPATNAM: Helping others during the Covid-19 crisis can help one's own emotional, financial well-being, particularly helping others in a crisis can be an effective way to alleviate stress and anxiety, suggested psychiatrist G Bhagya Rao here on Sunday.

Delivering a special talk in a global workshop on 'Stress coping: strategies to de-stress' organised by GITAM Deemed to be University's Women Empowerment Cell, he informed that finding ways to give back during COVID-19 will help lower one's own anxiety and stress. Sharing his recent observations, Dr Bhagya Rao said 30 per cent of patients were under mental stress because of illness, living situation and financial issues. He mentioned that instead of using medicines to cope with stress related problems, one can practice meditation and help lead a peaceful and meaningful life. Addressing the participants, Clinical psychiatrist at Ambedkar University-Delhi Dr Shefali Singh informed that the shift to virtual mode was causing stress and workload to the teaching community. "We must create a new knowledge environment to overcome the stress levels," she added. Art of Living faculty S Harish, GITAM Women Empowerment Cell chairperson Challa Surekha and workshop convener Swathi Chikkala participated.

కొస్సెలింగ్ ద్వారా విద్యార్థులలో మానసిక ఒత్తిళ్లు దూరం

» గీతం విద్యాసంస్థల

అధ్యక్షుడు ఎం.శ్రీభరత్



సాగర్ నగర్, జూన్ 12:

మనదేశంలోని విద్యార్థుల మానసిక పరిస్థితులపై ముఖ్యంగా ఒత్తిళ్లపై కొవిడ్-19 మహమ్మారి తీవ్ర ప్రభావం చూపుతోంది. సరైన కొస్సెలింగ్ ఇవ్వడం ద్వారా ఈ ఒత్తిళ్లను దూరం చేయవచ్చునని గీతం విద్యాసంస్థల అధ్యక్షుడు ఎం.శ్రీభరత్ పేర్కొన్నారు. గీతం డీప్లీ విశ్వవిద్యాలయం మహిళా సాదికారిక విభాగం రెండు రోజుల పాటు నిర్వహిస్తున్న 'విద్యారంగంలో ఒత్తిళ్ల ప్రభావం-ఎదుర్కోనే విధానం' అనే ప్రపంచ స్థాయి ఆన్లైన్ వర్క్ షాప్ ను శనివారం ఆయన ప్రారంభించి మాట్లాడారు. దేశంలోని విద్యాలయాలలో మానసిక ఒత్తిళ్లకు కొస్సెలింగ్ ఇచ్చే విధానమేదీ లేకపోవడం, కుటుంబ వాతావరణంలోనూ మానసిక అంశాలను ఆర్థం చేసుకునే పరిస్థితులు అధినుంచి

లేకపోవడంతో ప్రస్తుత సంక్షోభంలో విద్యార్థులకు మార్గదర్శకం కరవవుతోందని ఆవేదన వ్యక్తం చేశారు. కారీరక ఆరోగ్యంతో పాటు మానసిక ఆరోగ్యం సమస్యలో ఉన్నప్పుడే ఒత్తిళ్లను తట్టుకో గలమున్నారు. గీతం వీసీ ప్రొఫెసర్ కె.శివరామకృష్ణ మాట్లాడుతూ కారీరకంగా, మానసికంగానే కాకుండా ఆధ్యాత్మికంగా, సామాజికంగా సమతుల్యతతో ఉన్న వారు ఒత్తిళ్లను సమర్థంగా ఎదుర్కోగలరని పేర్కొన్నారు. గీతం స్కూల్ ఆఫ్ గాంధీయన్ స్టడీస్ డైరెక్టర్ డాక్టర్ చినశిని మాట్లాడుతూ పరిమిత స్థాయిలో జీవితంలో ఒత్తిడి మేలు చేస్తుందని, వృత్తిలో రాజీంపడానికి కారణమవుతుందన్నారు. ఇంకా ముంబై టాటా ఇనిస్టిట్యూట్ ఆఫ్ సోషల్ సైన్సెస్ కు చెందిన టీవర్ ప్రొఫెసర్ డాక్టర్ గోమతి జలిన్, డాక్టర్ నీపేనీయా లామెల్లి, డాక్టర్ జిశశిధర్ రదితరులు ప్రసంగించారు. కార్యక్రమానికి గీతం మహిళా సాదికారిక విభాగం చైర్పర్సన్ ప్రొఫెసర్ చల్లా సురేఖ అధ్యక్షత వహించగా కన్వీనర్ డాక్టర్ స్వాతి చిక్కల సందానకర్తగా వ్యవహరించారు.

కోవిడ్ రోగులలో తీవ్ర మానసిక వత్తిడులు

గీతం వర్క్ షాప్ లో మానసిక నిపుణుడు డాక్టర్ భాగ్యారావు

చుప్పికొండ, జూన్ 13.

ప్రభాతవార్త

కోవిడ్ 19 సమయంలో తలెత్తే ఆనాలోగ్గ ఆర్థిక సమస్యల కారణంగా 30శాతం మంది రోగులు తీవ్రమానసిక వత్తిడులకు



గుర్తించుకుని గుర్తించామని ఇది కొందరిలో ఆత్మహత్యలకు సహితం దారితీసిందని ప్రముఖ మానసిక వైద్య నిపుణుడు డాక్టర్ జి.భాగ్యారావు పేర్కొన్నారు. గీతం డీప్లీ విశ్వవిద్యాలయం మహిళా సాదికారిక విభాగం (విమెన్ ఎంపవర్ మెంట్ సెల్) నిర్వహిస్తున్న ప్రపంచ స్థాయి కార్యక్రమం (వర్క్ షాప్) రెండవరోజైన ఆదివారం తెలిపారు. జీవితంలో వత్తిడులు తగుస్థాయిలో ఉండటం మంచిదని ఇతే ఆర్థిక ఆనాలోగ్గ సమస్యలతో పాటు కుటుంబంలో పరస్పర అపకాహాన కారణంగా వృత్తి పరమైన సవాళ్లు తీవ్ర వత్తిడులకు దారి తీస్తున్నాయని పేర్కొన్నారు. చిన్నపిల్లలు సహితం వత్తిడులకు లోనవుతున్నారని పేర్కొన్నారు. వత్తిడుల వల్ల ఎదురయ్యే వివిధ కారీరక, మానసిక సమస్యలను ఆయన వివరిస్తూ వాటికి మందుల కంటే వ్యాయామం, ధ్యానం, యోగ సేవా కార్యక్రమాలలో పాల్గొనడం వాగా పనిచేస్తాయన్నారు. ప్రతి ఒక్కరూ తమను తమ జీవితానిన ప్రేమించడం అలవాటు చేసుకోవాలని తద్వారా పాజిటివ్ ఆలోచనలు పెరిగివత్తిడి దూరమవుతుందన్నారు. డిల్లీలోని ఆంటీద్వర్ట్ విశ్వవిద్యాలయం మానసిక డిటిక్టా నిపుణురాలు డాక్టర్ షెఫాలీ సింగ్ మాట్లాడుతూ కోవిడ్ 19 సమయంలో విద్యావిధానం వాతావృత్యా ఆన్లైన్ కు మారడం ఆధ్యాపకులపైన విద్యార్థులపైన వత్తిడి పెంచుతోందన్నారు. తరగతి గదిలో ముఖాముఖీ పర్చుల ద్వారా విద్యార్థుల ప్రతిభను సామర్థ్యాన్ని గుర్తించే పీలు ఉంటుందన్నారు. ఆన్లైన్ విద్యలో విద్యార్థికి ఆధ్యాపకులు మద్దత అణగడం పెరుగుతోందని అభిప్రాయపడ్డారు. వత్తిడులను గురితావడం స్పృహనాత్మక ఆలోచనలను దెబ్బతీస్తుందన్నారు. విశ్వవిద్యాలయాలు వత్తిడుల నివారణకు ఆన్లైన్ విధానాలను, ఆర్ట్ ఆఫ్ లివింగ్ నిపుణుడు హారిష్ కరణం మాట్లాడుతూ చేతినించా పని ఉంటే మనసు కూడా ఖాళీగా ప్రకాంతంగా ఉంటుందన్నారు. శక్తిని మించి పని చేయవలసి వస్తే తమ మట్టా ఉండే వారి సహాయం కోరడం, మొత్తం ఒక్కరే పని భారం తీసుకోవలసిన స్థితి ఏర్పడితే వ్యక్తిగత సాహాయ్యాన్ని పెంపొందించు కోవడం అవసరమన్నారు. గీతం స్కూల్ ఆఫ్ గాంధీయన్ స్టడీస్ అడ్వైస్ సైకాలజీ విభాగం యోగ నిపుణురాలు డాక్టర్ ఘూస్మి రాజ్ వత్తిడులను దూరం చేసుకోవడానికి యోగ మార్గం ఎలా ఉపయోగపడుతుందో వివరించారు. జిమ్సర్ ఆసుపత్రి మానసిక వైద్య నిపుణురాలు డాక్టర్ పి.అర్చన, మద్రాసు, ఇంటి ఆంధ్రా విభాగం ప్రొఫెసర్ ఎస్.పి.ధనవేల్ గీతం మహిళా సాదికారిక విభాగం చైర్పర్సన్ ప్రొఫెసర్ చల్లా సురేఖ, వర్క్ షాప్ కన్వీనర్ డాక్టర్ స్వాతి చిక్కల తదితరులు పాల్గొని ప్రసంగించారు.

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Sasikala	India	Tamil Nadu	Dindigul	English	Assistant Professor	Sakthi Arts and Science College for Women
Poli Lokeshw Ara Reddy	India	Andhra Pradesh	Cuddapah	ELECTRONICS AND COMMUNICATION ENGINEERING	Assistant Professor	KSRM COLLEGE OF ENGINEERING
Kdivyalaks Hmi	India	Andhra Pradesh	Pulivendla	ece	Assistant Professor	Ksrn college of engineering
Vr Gayathri	India	Andhra Pradesh	Tirupati	English	Research Scholar	Sri Padmavathi Mahila Visavidyalayam Tirupati
M Chinna Sanjeeva lah	India	Andhra Pradesh	Cuddapah	Humanities and Sciences	Assistant Professor	KSRM COLLEGE OF ENGINEERING
Karanam Manoj Kumar	India	Andhra Pradesh	Visakhapatnam	English	Assistant Professor	NSRIT
Kniveditha	India	Andhra Pradesh	Cuddapah	Civil engineering	Assistant Professor	KSRM COLLEGE OF ENGINEERING KADAPA
Badugu Meshak Raju	India	Andhra Pradesh	Bhimavaram	Basic Sciences and Humanities	Assistant Professor	DNR College of Engineering and Technology

Sonia Yadav	India	Haryana	Ballabgarh	Management	Assistant Professor	Aggarwal College
Dr Hemamal Ini N	India	Tamil Nadu	Vellore	English	Assistant Professor	Marudhar Kesari Jain college for women
Pavan Kumar Nowbattula	India	Andhra Pradesh	Bhimavaram	Training and Placement Cell	Assistant Professor	SRKR Engineering College
D Vasanth A Vichikal A	India	Andhra Pradesh	Vizianagaram	Marhematics	Assistant Professor	Satya Institute of Technology And Management
Neelima Kalidindi	India	Andhra Pradesh	Bhimavaram	Training and placement	Assistant Professor	SRKR Engineering College
Nilofar Rashid	Saudi Arabi a	Eastern Province	AlJubail	English	Superviso r	International Indian School Al Jubail K S A
R L Pravallika	India	And hra Pradesh	Cuddapah	Cse	Assistant Professor	Ksrm clg of engg
Aamir Suhail	India	Uttarakha nd	Roor kee	Management	Student	Pondicherry University
Kanchana Gunavathi	India	Andhra Pradesh	Tirupati	BSandS	Assistant Professor	Sree Rama Engineering college
Drradhika Challa	India	Andhra Pradesh	Guntur	English	Assistant Professor	DR YSRANUCET Acharya Nagarjuna University
Dr Rajendra Kumar Kona	India	Andhra Pradesh	Visakhapatnam	Mathematics	Assistant Professor	GIS
Nadella Jayaprada	India	Telangan a	Hyderabad	HBS	Trainer	GITAM UNIVERSITY HYDERABAD
K Ch N Tarani	India	Andhra Pradesh	Visakhapatnam	Mathematics	Research Scholar	Andhra University
Dr I Joseph Suresh	India	Tamil Nadu	Kovilpatti	PG Department of English	Principal	Government Arts and Science college kovilpatti
Dr Shilpi Kulshrestha	India	Rajasthan	Jodhpur	Management studies	Assistant Professor	JGI DEEMED TO BE University
Shruti Shrivastav	India	Uttar Pradesh	Kanpur	English	Assistant Professor	DAV College Kanpur
R Rajaboopathy	India	Tam il Nadu	Tuticorin	Computer Science	Assistant Profeasor	Aditanar College of Arts and Science
Dr S Maheswari	India	Tamil Nadu	Salem	English	Assistant Professor	Sri Sarada College for Women Autonomous Salem

Dr S Shenbaga Devi	India	Tamil Nadu	Tiruchchendur	Mathematics	Assistant Professor	Aditanar College of Arts and Science Tiruchendur
Dr Ratna Kumari Upadhyayul A	India	Andhra Pradesh	Visakhapatnam	EECE Department	Assistant Professor	GITAM Institute of Technology
Dr V Jesu Manicka Raj	India	Tamil Nadu	Tirunelveli	Department of Economics	Assistant Professor	St Johns College
Siril Arun S	India	Tamil Nadu	Tiruchchendur	Commerce	Assistant Professor	Aditanar college of Arts and Science
Gurram Umamahes War Rao	India	Telangana	Khammam	MBA	Director	Sarada Educational Society Khammam
Siril Arun S	India	Tamil Nadu	Tiruchchendur	Commerce	Assistant Professor	Aditanar college of Arts and Science
Dr M R Indumat Hi	India	Andhra Pradesh	Chittoor	High school	Teacher	APSWRIES GDNellore Chittoor AP
Dr P Ramamoort Hy	India	Tamil Nadu	Villupuram	Civil	Professor	Mailam Engineering college
Srilekha Garsha	India	Andhra Pradesh	Badvel	Mathematics	Lecturer	Loyola Degree College
Subramany Am Gangavara M	India	Andhra Pradesh	Tirupati	Basic Sciences and Humanities	Assistant Professor	Sree Vidyanikethan Engineering College
M Kalaivani	India	Tamil Nadu	Tiruvannamalai	English	Assistant Professor	Kamban College of Arts and Science for Women
Kjacinth Mispal	India	Tamil Nadu	Tuticorin	CHEMISTRY	Assistant Professor	ADITANAR COLLEGE OF ARTS AND SCIENCE
Karthike Yan C	India	Tamil Nadu	Coimbatore	English	Scholar	BHARATHIAR UNIVERSITY
Rushyen Dra Rao Ch	India	Andhra Pradesh	Visakhapatnam	Banking	Asst General Manager	Indian Overseas Bank
Swathi Sambangi	India	Andhra Pradesh	Visakhapatnam	Chemistry	Guest Lecturer	Visakha Government Degree college for women
Samiksha Jain	India	Delhi	Delhi	Amity School of Communication	Assistant Professor	Amity University
Dr C Raghavendr A Reddy	India	Andhra Pradesh	Tirupati	English	Assistant Professor	Sree Vidyanikethan Engineering College

Shashikala	India	Tamil Nadu	Kovilpatt	Computer Science	Assistant Professor	Government Arts and Science College
Ch Varalaks Hmi	India	Andhra Pradesh	Visakhapatnam	not applicable	Home Maker	not applicable
Drgrenuka Devi	India	Tamil Nadu	Aruppukkottai	English	Assistant Professor	Devanga Arts college Aruppukkottai
Dr S Packialaksh Mi	India	Tamil Nadu	Aruppukkottai	Commerce	Assistant Professor	Devanga Arts College Aruppukkottai
Vanteru Sudha	India	Andhra Pradesh	Kadapa	Computer science and engineering	Assistant Professor	KSRM COLLEGE OF ENGINEERING
Ravikanth K	India	Andhra Pradesh	Visakhapatnam	Applied psychology department	Post Graduate Student	Gitam university
Dr Binu Anitha Joseph	India	Tamil Nadu	Vellore	ENGLISH	Assistant Professor	VOORHEES COLLEGE VELLORE
Govindu Madhava lah	India	Andhra Pradesh	Nellore	Humanities and Sciences	Assistant Professor	NBKRIST VIDYANAGAR
Hazira Parveen	India	Tamil Nadu	Mad urai	Bsc Zoology	Student	MSS Wakf Board College
Dr Simon Philip	India	Tamil Nadu	Vellore	SOCIAL WORK	Assistant Professor	VOORHEES COLLEGE VELLORE
Maylyn Nalanga N Palma	Philippines	Eastern Visayas	Iloilo city	Zoology	Student	MTC College Jaro Iloilo city
Aditanar College	India	Tamil Nadu	Tiruchchendur	Mathematics	Associate Professor	Aditanar college of Arts and science Tiruchendur
D Merwin Rajesh	India	Andhra Pradesh	Cuddapah	Mechanical engineering	Assistant Professor	KSRM COLLEGE OF ENGINEERING
Dr L Dakshayani	India	Andhra Pradesh	Cuddapah	Genetics Genomics	Assistant Professor	Yogi Vemana University
C Madhava Reddy	India	Andhra Pradesh	Cuddapah	Biotechnology Bioinformatics	Assistant Professor	Yogi Vemana University
S Vignesh	India	Tamil Nadu	Tuticorin	Commerce	Assistant Professor	Aditanar College
Adavikolan U Sree Priya	India	Andhra Pradesh	Visakhapatnam	Mechanical	Student	Vignan institute of information and technology
Dr V Sunitha	India	Andhra Pradesh	Cuddapah	Geology	Associate Professor	Yogi Vemana University

Deepti Rani Sahu	India	Andhra Pradesh	Visakhapatnam	Training	Trainer	Institute
Yarava Ramana Reddy	India	Andhra Pradesh	Cuddapah	Physics	Assistant Professor	KSRM College of engineering Autonomous
F Anitha Florence	India	Tamil Nadu	Athipattu	English	Assistant Professor	Panimalar Engineering College
Reena Rachel	India	Andhra Pradesh	Visakhapatnam	GSGS	Student	GITAM
Dr P Sri Ramachand Ra Murty	India	Andhra Pradesh	Visakhapatnam	Mathematics	Associate Professor	Gitam Institute of Science
Mohd Abushahma	India	Uttar Pradesh	Mau	Department Of Management	Student	Pondicherry University
P Kishore Kumar Reddy	India	Andhra Pradesh	Palempalle	CIVIL ENGINEERING	Associate Professor	KSRM College of Engineering Kadapa
Rmanjul A Devi R	India	Tamil Nadu	Thiruvaur	Maths	Student	Rabiammal Ahamed Maideen Womens collage Thiruvarur
M Lalitha	India	Tamil Nadu	Tirunelveli	English	Assistant Professor	Sri Sarada College for Women
Bhaskar Daravath	India	Telangana	Hyderabad	Pharmacy	Assistant Professor	GITAM School of Pharmacy
A Umashankar Kumar	India	Andhra Pradesh	Cuddapah	Civil engineering	Asst Prof	KSRM COLLEGE OF ENGINEERING
P Subbaray Udu	India	Andhra Pradesh	Cuddapah	ECE	Assistant Professor	Ksrnce
Mangapa Thi Nerukon Da	India	Telangana	Hyderabad	BSH	Assistant Professor	B V Raju Institute of Technology
Thriveni Mindi	India	Andhra Pradesh	Visakhapatnam	English	Assistant Professor	Gitam university
Pratima Jeggumantr I	India	Andhra Pradesh	Visakhapatnam	School of Law	Assistant Professor	GITAM
Vijay Chittiboyin A	India	Andhra Pradesh	Visakhapatnam	School of Law	Assistant Professor	GITAM deemed to be University
E Hari Prasad	India	Telangana	Karimnagar	Business Management	Associate Professor	Vaageswari College of Engineering
Dr P Sreenivasul U Reddy	India	Andhra Pradesh	Visakhapatnam	English	Assistant Professor	GITAM
Daphni V	India	Tamil Nadu	Tirunelveli	Horticulture	Student	Horticultural college and research institute

Muthu Kanim	India	Tamil Nadu	Tuticorin	ZOOLOGY	Assistant Professor	A P C MAHALAXMI COLLEGE FOR WOMEN
Bhuvane Swari Pagidipa Ti	India	Andhra Pradesh	Bhimavaram	Training and Placement Cell	Assistant Professor	SAGI RAMA KRISHNAM RAJU ENGINEERING COLLEGE
Dr S Geetha	India	Tamil Nadu	Pala yam kotta i	English	Assistant Professor	Sri KGS Arts College Srivaikuntam
Hema Shanthara M	India	Karnataka	Bengaluru	IT	Investor	PESIT IIMB IIM Lucknow
Baireddi Palli Praveen	India	Andhra Pradesh	Tirupati	Department of English	Student	Sri Venkateswara University
Setty Sravya	India	Andhra Pradesh	Vijayawada	FED	Associate Professor	PSCMR CET
Dr Mram Chander Goud	India	Telangan a	Nalgonda	Biochemistry	Assistant Professor	Mahatma Gandhi University
Dr Kalpana D	India	Tamil Nadu	Chennai	CS	Assistant Professor	JHA AGARSEN COLLEGE
Spandan A Baggam	India	Andhra Pradesh	Visakhapatnam	Physics	Assistant Professor	GITAM
R Rama Krishna Reddy	India	Andhra Pradesh	Kurnool	English	Lecturer	PSCKVSC GOVERNMENT DEGREE COLLEGE NANDYAL
A Heba Rajili	India	Tamil Nadu	Chennai	English	Guest Lecturer	Womens Christian college
Ravi Teja	India	Andhra Pradesh	Visakhapatnam	ECE	Students	GITAM
Thoutreddy Anusha	India	Telangan a	Warangal	Department of business management	Assistant Professor	Vaagdevi degree and pg college
Siva Ram	India	Andhra Pradesh	Rajahmundry	ECE	B Tech	gitam
Chintala Bhuvanesh Babu	India	Andhra Pradesh	Visakhapatnam	ECE	Bhuvanesh	Gitam
Manikanta Appana	India	Andhra Pradesh	Amalapuram	Ece	Student	Gitam
G Sudipti	India	Rajasthan	Rawatbhata	ECE	Student	Gitam
Killamsetty Guna Deepak	India	Odisha	Visakhapatnam	Department of biochemistry and Bioinformatics	Student	GITAM

Palaparathi Bhargav	India	Andhra Pradesh	Guntur	Mechanical	Palaparathi Bhargav	Gitam university
Abhinash Ramesh	India	Andhra Pradesh	Gajuvaka	ECE	Abhinash	Gitam university
Roynaaz Banu Shaik	India	Andhra Pradesh	Anantapur	Cse	Roynaaz Banu Shaik	Gitam University
Dr M Boopala N	India	Tamil Nadu	Kanchipuram	Chemistry	Assistant Professor	Pachaiyappas college for men kanchipuram
Balaji Suhruth Padakan Ti	India	Andhra Pradesh	Visakhapatnam	Biochemistry	Student	GITAM INSTITUTE OF SCIENCE
Gopala Krishna Chimata	India	Andhra Pradesh	Eluru	ECE	Student	GITAM
Devi Sri Prasad Rekadi	India	Andhra Pradesh	Kakinada	Computer science and engineering	Devi Sri Prasad Rekadi	Gitam university
Nayakan Ti Siva Sagar	India	Andhra Pradesh	Kurnool	GIS	Student	Gitam University
Kopparapu Sruthi	India	Andhra Pradesh	Proddatur	ECE	Student	Gitam deemed to be university
Padmini Gogineni	India	Andhra Pradesh	Visakhapatnam	Biochemistry and Bioinformatics	Padmini	GITAM institute of science
S Purushotha M Reddy	India	Andhra Pradesh	Visakhapatnam	Bsc biochemistry	Student	Gitam
Niharika	India	Andhra Pradesh	Anakapa	Gitam institute of Science	Student	Gitam deemed to be university
Sanaboina Usha	India	Andhra Pradesh	Visakhapatnam	Nursing	Assistant Professor	Gitam Institute of Nursing
Deva Sai Komali Divya	India	Andhra Pradesh	Vizianagaram	MBA	Student	Gitam University
Akhila Mullapudi	India	Telangana	Hyderabad	Computers Science	Student	Gitam
Ramanadha M Ramesh Babu	India	Andhra Pradesh	Visakhapatnam	ENGLISH	Asst Prof	Gitam University
Nobi K Daniel	India	Karnataka	Bengaluru	Sciences and Humanities	Assistant Professor	Christ University
Varalakshmi Sirmani	India	Andhra Pradesh	Kurnool	Education	Junior Lecturer	AP Balayogi Gurukulam Kurnool
Kesav Madugula	India	Andhra Pradesh	Visakhapatnam	ECE	Student	Gitam University
Venkatesh	India	Andhra Pradesh	Rayachoti	Bbc	Madaka	sv arts college
Alekhyasrin Ivasulured Dy	India	Andhra Pradesh	Nellore	Biotechnology	Alekhya	Sv arts and science college

Vishnu Sagar	India	Andhra Pradesh	Tirupati	Bsc Biotechnology botany chemistry	Student	Sv arts college
Mapoorn Ima Priya Dharshini	India	Tamil Nadu	Tirunelveli	English	Guest Lecturer	RANI ANNA GOVERNMENT COLLEGE FOR WOMEN
Illupilla Maitreya	India	Andhra Pradesh	Bhimunipatnam	CSE	Student	Gitam
Asrita Jami	India	Andhra Pradesh	Visakhapatnam	Biotechnology	Oracle Cloud Consultant	Gitam
Yashika Goday	India	Andhra Pradesh	Visakhapatnam	IT	Software Engineer	Accenture
Lakshman Samardh	India	Andhra Pradesh	Visakhapatnam	Mechanical engineering	Lakshman Samardh	Gitam university
Jaipal Das Karanam	India	Andhra Pradesh	Visakhapatnam	English	Assistant Professor	GSGS
Prapulla Pavani Priyanka Lanke	India	Andhra Pradesh	Kakinada	ECE	Student	GITAM
Ekkirala Vedadri Krishna Srikar	India	Telangana	Hyderabad	ECE	Student	GITAM
Chukka Ganeah	India	Andhra Pradesh	Tirupatipi	Commerce	Business	Sv university tirupathi sv arts college
Shilpashree S P	India	Karnataka	Bengaluru	Physics	Assistant Professor	CHRIST University
Kaushikn	India	Andhra Pradesh	Tirupati	Maths electronic s computer science	Student	Sri Venkateswara University
Rimjhim Singh	India	Andhra Pradesh	Visakhapatnam	Biotechnology	Student	GIT
Mounika Dola	India	Andhra Pradesh	Srikakulam	ESBC	Srikakulam	Gitam university
Mathala Sreenivas	India	Andhra Pradesh	Rajahmundry	Ece	Student	Gitam
Alekhyia Vytla	India	Andhra Pradesh	East Godavari Dist.	Biotechnology	Teacher	Gitam institute of technology
Jogi Pavan Kumar Nani	India	Andhra Pradesh	Machilipatnam	biotechnology	Student	gitam
Abhay	India	Maharashtra	Chandrapur	civil engineering	Passed Out	Gitam
Changalam Arri Hemanth	India	Andhra Pradesh	Srikalahasti	Microbiology	Student	SV ARTS COLLEGE TIRUPATI
Charan Anish Kogila	India	Telangana	Suryapet	CSE	Btech	GITAM UNIVERSITY

Thaviti Raju Mamidipak A	India	Andhra Pradesh	Visakhapatnam	Cse	Student	Gitam university
Drd Jyothsna	India	Telangana	Suryapet	English	Associate Professor	Sri Venkateswara College Suryapet
Singamse Tty Asish	India	Andhra Pradesh	Atmakur	CSE	Student	GITAM UNIVERSITY
Chintam Rajya Lakshmi	India	Andhra Pradesh	Rayachoti	Humanities and science	Assistant Professor	Sri Sai institute of technology and science
Navya Veggalam	India	Telangana	Hyderabad	Arts and education	Student	Regional Institute of Education Mysore
Dr M Kiruthka	India	Tamil Nadu	Aruppukkottai	English	Assistant Professor	Devanga arts college
Madhu Salini Karri	India	Andhra Pradesh	Visakhapatnam	Gitam institute of science biotechnology	Student	Gitam university
Himaja Pegadraju	India	Andhra Pradesh	Visakhapatnam	Biotechnology	Student	GITAM University
Sushma Tangi	India	Andhra Pradesh	Visakhapatnam	Civil	Student	Gandhian Institute of Technology and Management
Boya Akhila	India	Andhra Pradesh	Kurnool	BA	Assistant Professor	Regional Institute of education
Dr Payala Vijayalaksh Mi	India	Andhra Pradesh	Visakhapatnam	Microbiology	Assistant Professor	GIMSR
Indira Guntoory	India	Andhra Pradesh	Visakhapatnam	Obg	Prof	Gimsr
Dr Srinivas Singiseti	India	Andhra Pradesh	Visakhapatnam	psychiatry	Assistant Professor	gimsr
Amudala Palli Siva Narayan A	India	Andhra Pradesh	Visakhapatnam	ANATOMY	Assistant Professor	GITAM INSTITUTE OF MEDICAL SCIENCES AND RESEARCH
Dr S Sivakumar	India	Tamil Nadu	Madurai	Commerce	Assistant Professor	Aditanar College of arts and science Tiruchender
Subhamitra Chatterjee	India	Telangana	Hyderabad	Physical Education	Teacher	Oakridge International School
Dr K Latha	India	Andhra Pradesh	Tirupati	Science and Humanities	Professor	SV College of Engineering Tirupati
Balla Sudha Rani	India	Andhra Pradesh	Visakhapatnam	OBG	Professor	GIMSR Medical college
Ch Gayatri Sri Sowmya	India	Andhra Pradesh	Visakhapatnam	CSE	Student	Gitam

Jagadeesh Rama Varma Vegesna	India	Andhra Pradesh	Bhimavaram	Cse	Student	Gitam
Mk Lavanya	India	Andhra Pradesh	Tirupati	HR	Assistant Manager	Amara Raja
Dr T Chandra Sekhar Yadav	India	Andhra Pradesh	Vijayawada	School of Management Studies	Assistant Professor	Lakireddy Balireddy College Of Engineering
Ramisett I Swathi	India	Andhra Pradesh	Avanigadda	School of Management studies	Assistant Professor	LAKIREDDI BALREDDY COLLEGE OF ENGINEERIN G
Ramisett I Swathi	India	Andhra Pradesh	Avanigadda	School of Management studies	Assistant Professor	LAKIREDDI BALREDDY COLLEGE OF ENGINEERIN G
Naveen Udumula	India	Andhra Pradesh	Kanigiri	MBA	Student	Lakireddy Balireddy College Of Engineering
Pamarthi Gayathri	India	Andhra Pradesh	Vijayawada	Master of business administratio n	Assistant Professor	Lakkireddy balireddy college of engineering

ANDHRA PRADESH NSS TEAM APPRECIATED GITAM NSS TEAM FOR THEIR**Andhra Pradesh NSS Applauds GITAM NSS Work During Covid**

April 1, 2022



Vijayawada, April 1, 2022: Andhra Pradesh State NSS Officer, Dr. P. Ashok Reddy and NSS State Level Training Officer, Dr. P. Ramachandra Rao, during their recent visit to the GITAM Vizag campus applauded the efforts of GITAM NSS volunteers for rendering exceptional services during the challenging times of COVID-19. The Andhra Pradesh state NSS officers also appreciated GITAM (Deemed to be University) for adopting government schools to implement NSS service activities.

Prof. K. Sivaramakrishna, Vice-Chancellor, Prof. Jayashankar Variyar, GITAM Academic Pro Vice-Chancellor, Prof. D. Gunasekharan, Registrar Dr. A. Srinivas, NSS Coordinator were some of the other dignitaries present at the meeting.

National Service Scheme (NSS) Wing of the GITAM is functioning actively from the academic year 1986-87. In the year 2009-10, three NSS Units were sanctioned with the approval of AP State NSS Cell, Dept. of Higher Education, Govt. of Andhra Pradesh. The numbers of NSS units were increased from 10 to 19 Units in 2017-2018, in recognition to the services rendered to the society by the NSS wing of GITAM.

COVID WORK



Andhra Pradesh NSS Applauds GITAM NSS Work During Covid

In a visit to the university, Andhra Pradesh State NSS officials applauded the efforts of GITAM NSS volunteers for rendering exceptional services during the challenging times of COVID-19
